

FOR & SINCE

Terze – Mrs. M

FOR + PERIODO DI TEMPO

For six years, for a week, for a month, for hours, for two hours

I have worked here for five years.

SINCE + MOMENTO PRECISO

Since this morning, since last week, since yesterday

since I was a child, since Wednesday, since 2 o'clock

I have worked here since 1990.

PRESENT PERFECT CON "FOR"

She has lived here for twenty years.

We have taught at this school for a long time.

Alice has been married for three months.

They have been at the hotel for a week.

PRESENT PERFECT CON "SINCE"

She has lived here since 1980.

We have taught at this school since 1965.

Alice has been married since March 2nd.

They have been at the hotel since last Tuesday.

Training

<http://www.spraz-ila.de/grammar/forsince1.htm>

<http://www.spraz-ila.de/grammar/forsince2.htm>

<https://www.ef-italia.it/risorse-inglese/grammatica-inglese/present-perfect-con-for-e-since/>